

Apollo Institute of Medical Sciences & Research, Chittoor

Operational Guidelines for Preventive Measures of Covid19 for Students

The basic public health measures for the prevention of Covid19

1. Physical distancing of for at least 6 feet between persons.
2. Mandatory use of face mask.
3. Frequent hand washing with soap (for at least 20 seconds) or use of alcohol based hand sanitizer for at least 20 seconds.
4. Respiratory etiquette to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/ sneezing with a tissue/handkerchief/ flexed elbow and disposing off used tissues properly.
5. Self-monitoring of health by all and reporting any illness at the earliest.
6. Spitting shall be strictly prohibited.
7. Installation & use of Aarogya Setu App.
8. Sharing of personal materials like (Book, Paper, Pen) not allowed.
9. Congregation of more than three people outside the class room should not be allowed.
10. Sports and other extracurricular activities are strictly banned.

- Principal